

# **Ecophysiological studies in “quinoa” varieties in Argentinean Northwest.**

**Pullman – August 2013**

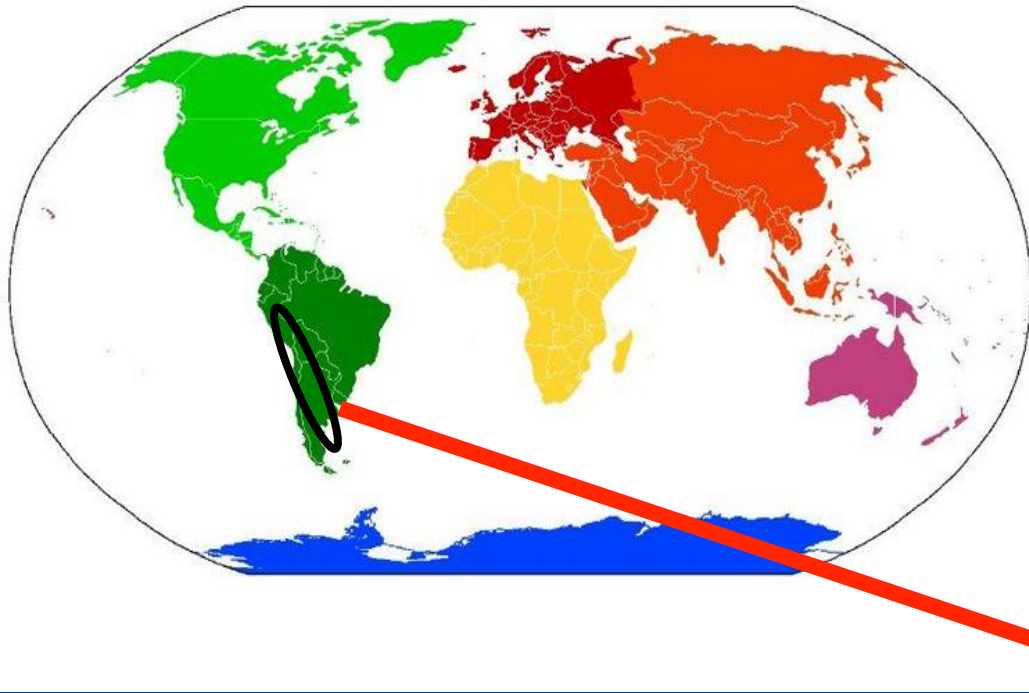
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# Quinoa origin



Quinoa is an south american crops. Origin center in the area of Titicaca lake ).



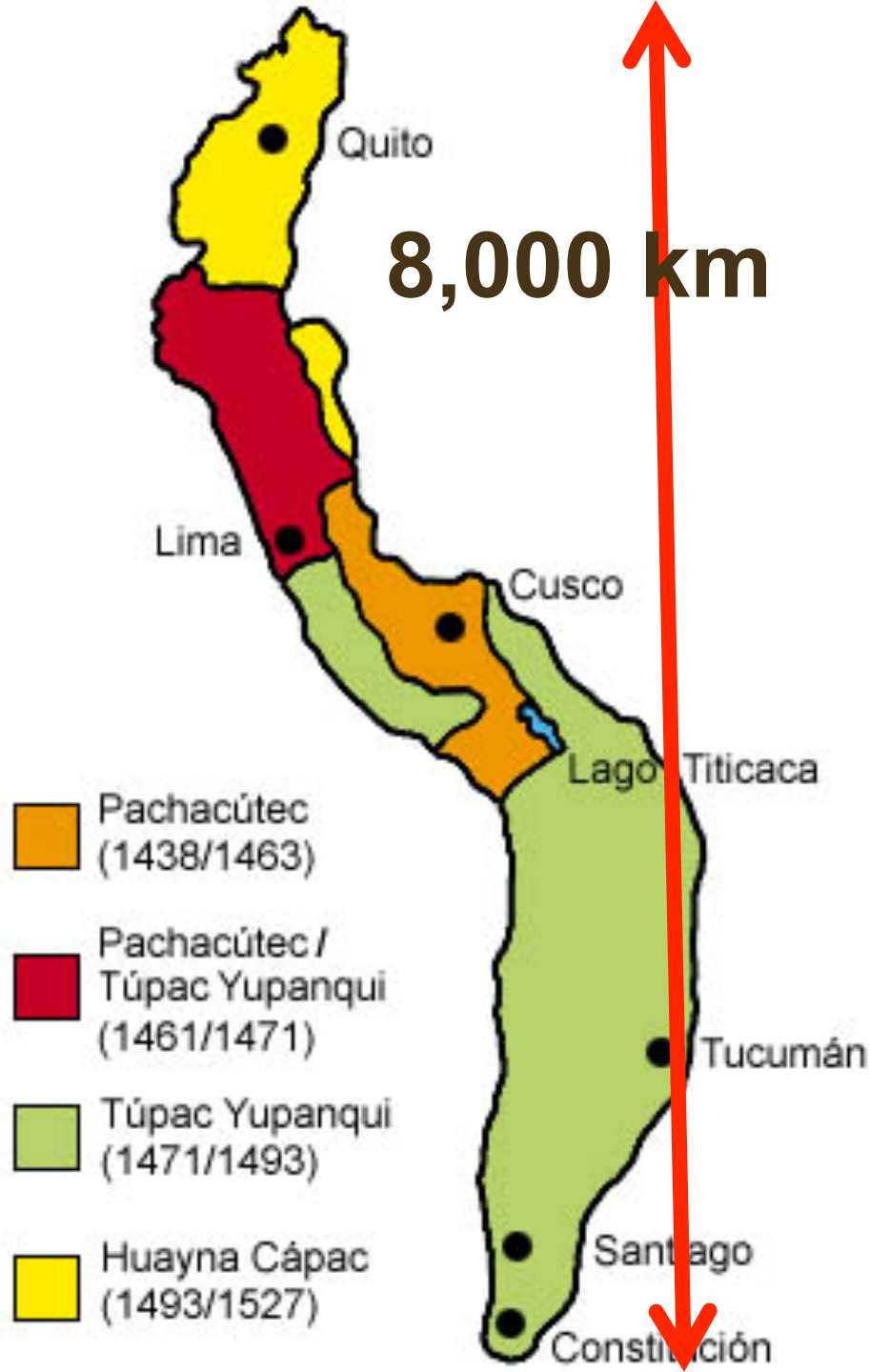
# Inca empire

Altitude:

Between 400 to 7,000 m asl

Latitude:

Near the Equator ( $0^{\circ}$  lat) to  $40^{\circ}$  lat S



- In this altitudinal and latitudinal transect quinoa was grown (from sea level to 4,000 m asl)



Actually near 30 commercial varieties exist but only in Bolivia 3,600 quinoa accessions are deposited

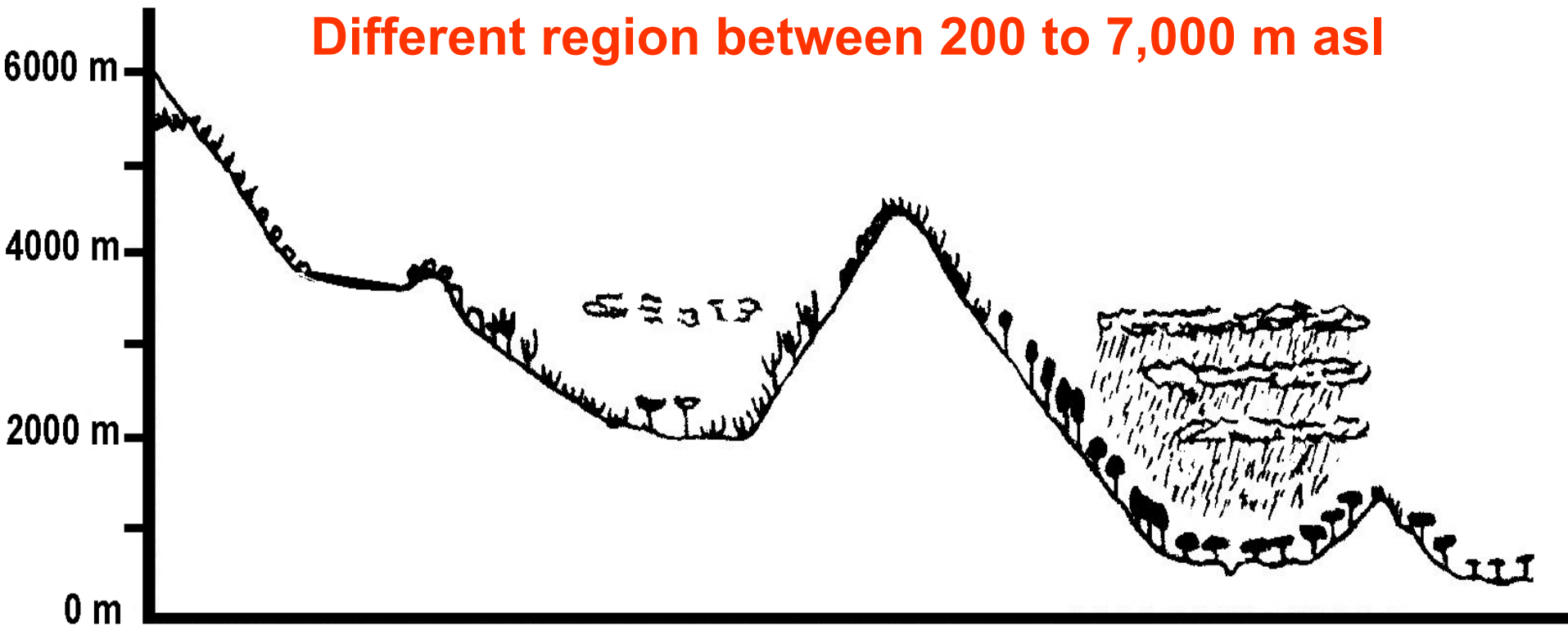


# Argentinean Northwest

## South América



# Altitudinal levels and vegetation in the Argentinean Northwest Region



“Chaco” vegetation (> 200 m asl)  
“Selva basal” (400 – 700 m asl)  
Mountain forest (700 – 1,500 m asl)

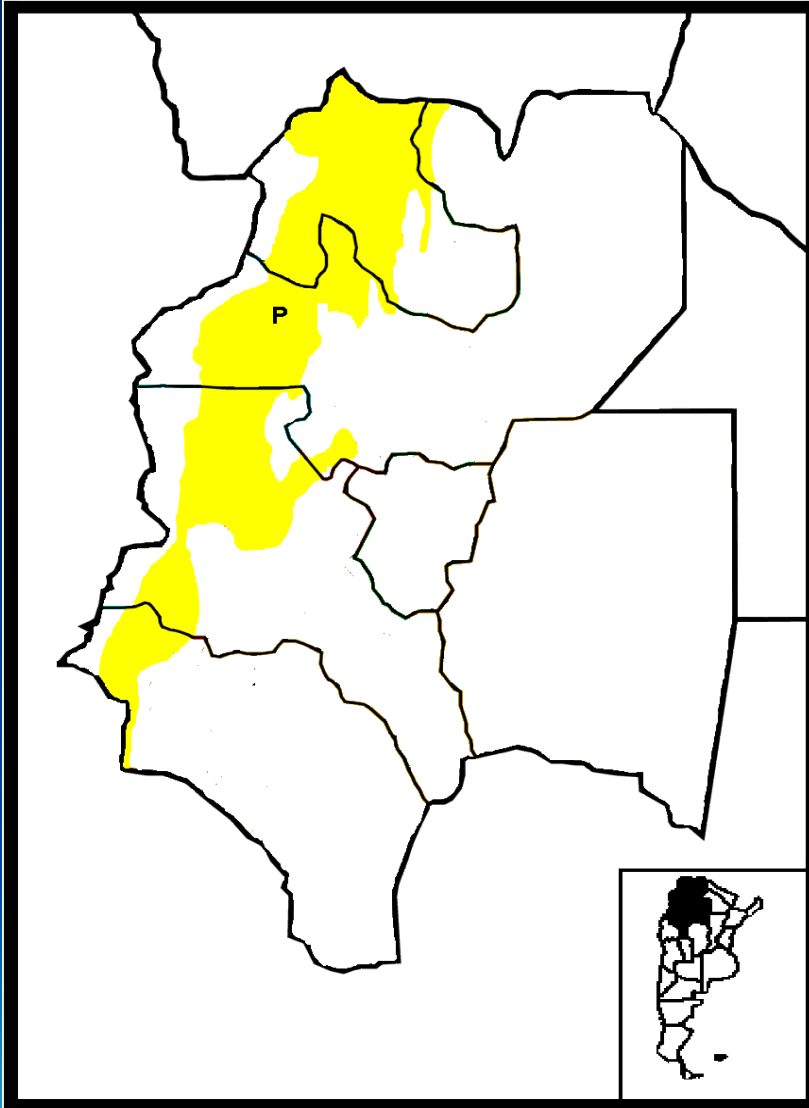
Cloud forest (1,500 – 3,000 m asl)  
Prepuna, Puna (> 3,000 m asl)  
High andean vegetation (> 4,200 )

**A lot of microclimate in medium and high mountain (between 2,000 to 4,200 m asl) exist.**

**These are considered “marginal lands”, for soil types and climatic conditions.**



# Puna Region

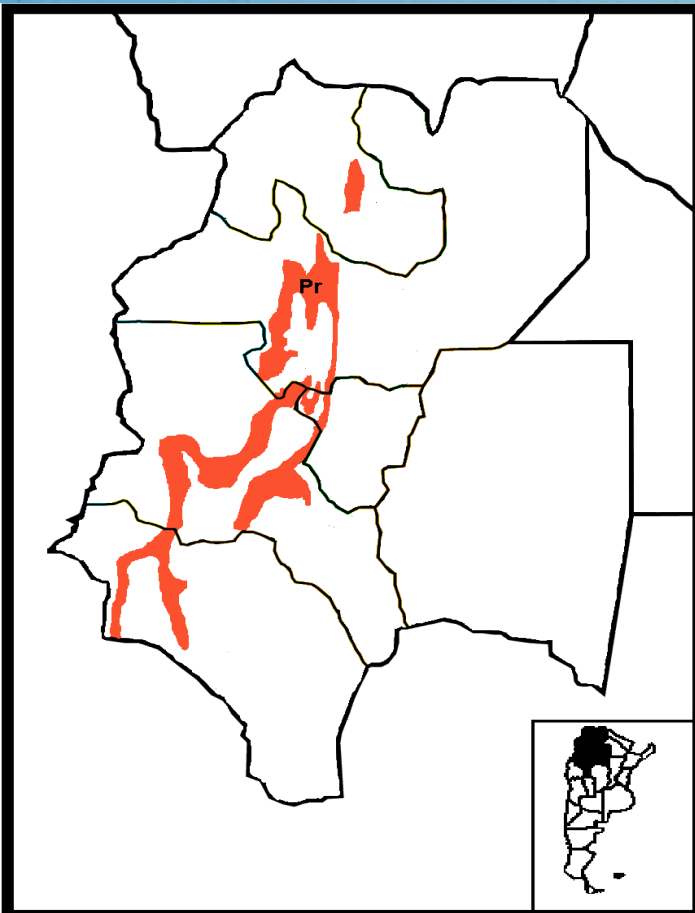


It is a high plateau,  
between 3,300 and 4,300 m  
asl. Shrub vegetation.

87,000 Km<sup>2</sup>

# Prepuna Region

## Between 2,000 and 3,300 asl

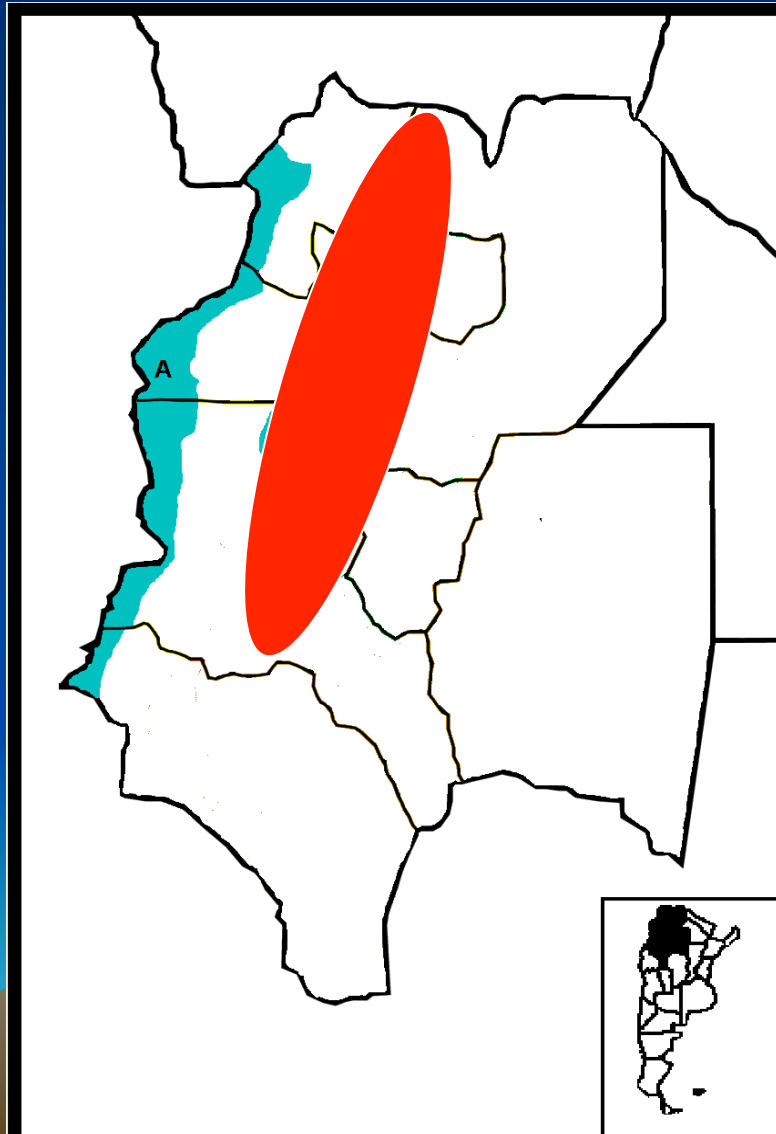


39,000 km<sup>2</sup>

**Presence of shrub vegetation and columnar cacti and bromeliaceae**

# Valle Calchaquí Region (Calchaquí Valley) between 1,800 to 2,500 m asl

Near  
40,000 km<sup>2</sup>



# Calchaquí Valley: some crops like:

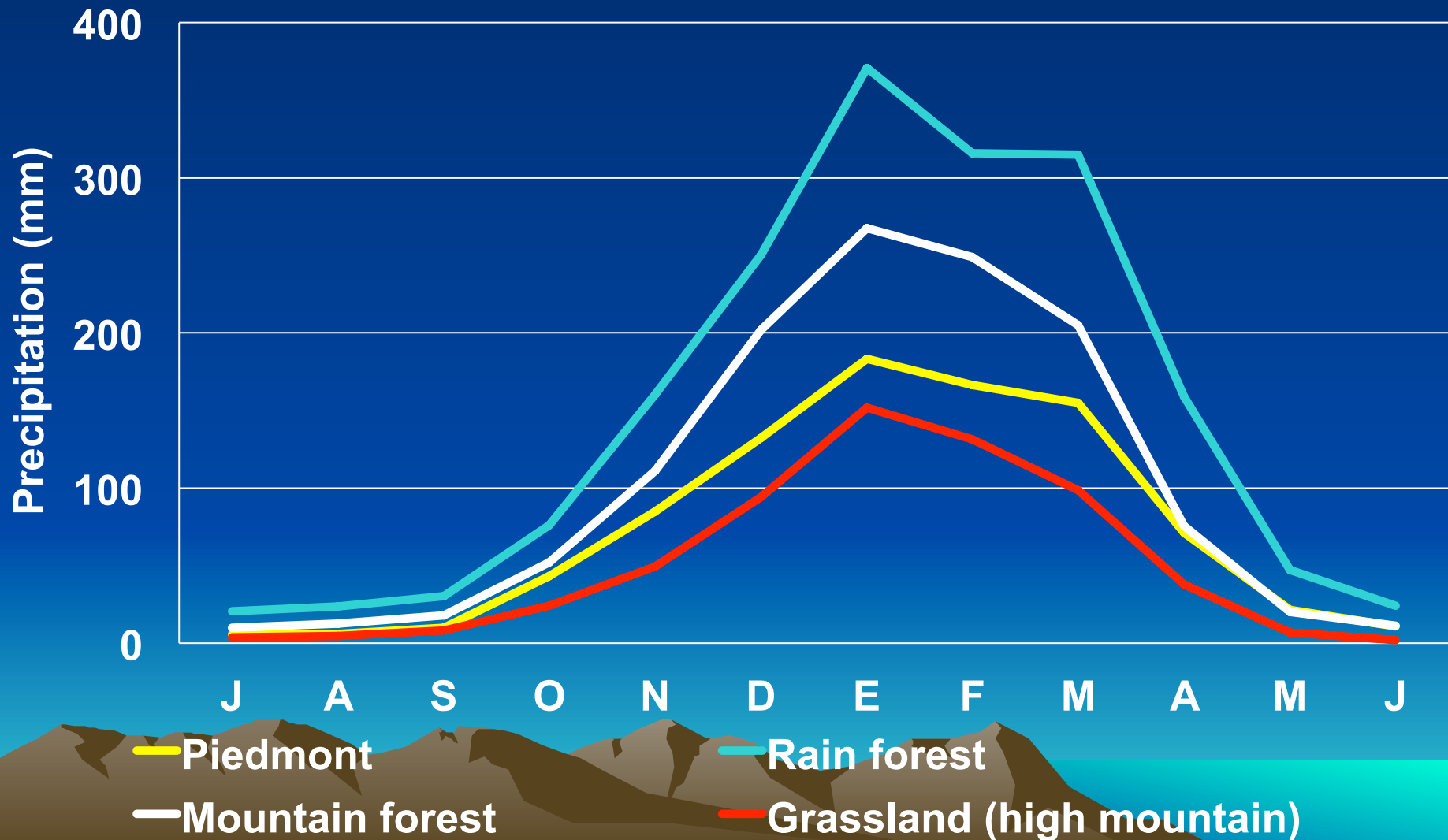
- Lettuce
- Tomatoes
- Chilli
- Grapes
- Peach
- and very few indigenous crop species (like maize, andean potatoes or quinoa)

# Crops, water and environment

All the mentioned crops are demanding a lot of water in a region where the rain distribution is very different along the year and along the altitude. Another environment problem is the use of pesticides.



# Distribution of precipitation in different altitudinal levels



# Exist some camelids but it is necessary fodde



FUENTE: GUIA PARA EL RECONOCIMIENTO DE  
MAMIFEROS CHILENOS, S.MILLER Y J.ROTTMANN



**In this context it is necessary to look for  
new alternative crops**

**The other point to take into account is  
climatic change (especially drought)  
and marginal soils.**



# Our goals...

We are trying to recover and developed the clasical andean crops: quinoa, amaranthus, algarrobo (“mesquite tree), cactaceae (“tuna”), andean potato (“papines”) with emphasis in “quinoa” due to rusticity.



# Proposal

**Selection of “quinoa” varieties for high valley  
(2,000 – 3,000 m asl) in order to obtain:**

**A multipurpose species**



# Quinoa studies

**Growth analysis (biomass distribution)**

**Photosynthetic assimilation and pathway (C13/C12)**

**Grain yield**

**Nutritional value (proteins and total and essential aminoacids)**

**Mineral contents (Fe, Ca and others)**

**Quinoa vegetables as fodders**

**Saponin content**

**Foliar pigments (red pigment)**

- **Lab Experiments: Germination (water, salt, heavy metals and UVB stress)**

# Field experiments



**Tucumán - Encalilla - Amaicha del Valle  
(1,995 m asl; 22° 31' S, 65° 59' W)**

# Sandy and alkaline soil

**Table 2.** Soil classification, chemical and physical properties of Encalilla and Patacamaya topsoils

Parameter	Encalilla	Patacamaya
Soil order	Entisol	–
Type	Xeric Torriorthent	Haplic Xerosol <sup>13</sup>
Sand (%)	48	79 <sup>13</sup>
Silt (%)	22	15 <sup>13</sup>
Clay (%)	30	6 <sup>13</sup>
Soil texture	Sandy clay loam	Sandy stony <sup>13</sup>
pH of suspension in H <sub>2</sub> O (1 : 1)	8.4	6.6 <sup>13</sup>
Organic matter (%)	0.60	0.50 <sup>13</sup>
Total nitrogen (%)	0.055	0.066 <sup>13</sup>
C/N ratio	10.9	7.6 <sup>13</sup>
P-Olsen (mg kg <sup>-1</sup> )	23.5	20.5 <sup>34</sup>
CaCO <sub>3</sub> (%)	0.68	0.45 <sup>34</sup>
ES (%)	38.6	Negligible <sup>13b</sup>
EC (dS m <sup>-1</sup> )	2.0	7.0 <sup>34</sup>
<i>Exchangeable cations</i>		
K <sup>+</sup> (mg kg <sup>-1</sup> )	390.2	424.4 <sup>34</sup>
Na <sup>+</sup> (mg kg <sup>-1</sup> )	615.2	–
Mg <sup>2+</sup> (mg kg <sup>-1</sup> )	342.7	279.2 <sup>34</sup>
CEC (cmol kg <sup>-1</sup> ) <sup>a</sup>	12.3	8.9 <sup>34</sup>

ES, exchangeable sodium; EC, electrical conductivity; CEC, cation exchange capacity.

<sup>a</sup> Centimoles of positive charge per kilogram of dry soil.

<sup>b</sup> Corresponds to exchangeable aluminium at pH 6.6.



Origin



Seed weight  
(1000 seeds)

Grain colour

Grain size  
(diameter  $\pm$  SD)

Amilda	Bolivia (Patacamaya)	2.96	White	2.0 (0.3)
Chucapaca	Bolivia (Patacamaya)	2.55	White	2.0 (0.3)
CICA	Argentina (Salta)	1.73	Yellow	2.0 (0.2)
Kamiri	Bolivia (Patacamaya)	3.55	White	2.0 (0.4)
Kancolla	Bolivia (Patacamaya)	1.70	White	1.7 (0.1)
Ratuqui	Bolivia (Patacamaya)	3.16	White	2.0 (0.3)
Robura	Bolivia (Patacamaya)	2.13	White	2.0 (0.1)
Sajama	Bolivia (Patacamaya)	1.81	White	2.0 (0.2)
Samaranti	Bolivia (Patacamaya)	1.61	White	1.9 (0.1)
Sayaña	Bolivia (Patacamaya)	3.08	Yellow cream	1.8 (0.1)

# Results



# Grain yield (2,000 m asl)



# Biomassa allocation and yield

	Roots (%)	Stem (%)	Seeds (%)	IF (%)	IS (%)	Yield (Kg/ha)
Amilda	8.9	41.1	25.4	14.5	10.0	2109.8
Chucapaca	6.7	34.0	33.0	15.8	10.5	2754.9
CICA	9.1	46.9	18.7	17.2	8.1	2344.3
Kamiri	5.9	27.2	31.8	22.7	12.3	2191.7
Kancolla	4.8	41.3	24.5	20.6	8.7	2845.5
Ratuqui	7.0	29.4	35.1	22.5	6.0	2110.4
Robura	8.0	32.4	19.5	24.5	15.6	1326.1
Sajama	7.2	31.1	11.1	31.7	13.1	376.2
Samaranti	7.3	39.5	6.7	32.8	9.7	1069.3
Sayaña	8.0	33.2	34.1	18.0	6.7	3854.7

IF: Inflorescence  
bracts

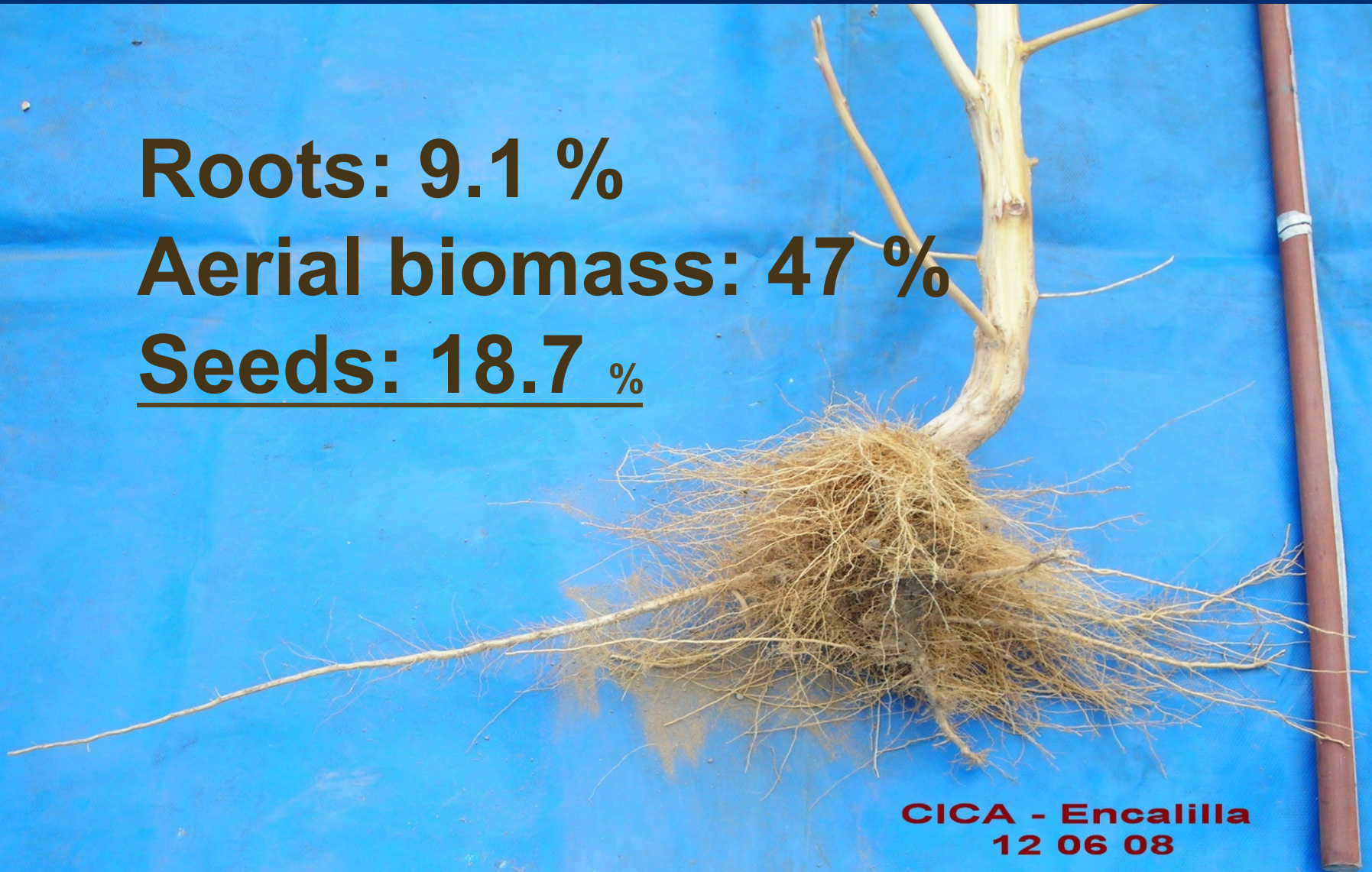
IS: Inflorescence  
stems

# CICA has a good aerial biomass (stem + leaves)

**Roots: 9.1 %**

**Aerial biomass: 47 %**

**Seeds: 18.7 %**



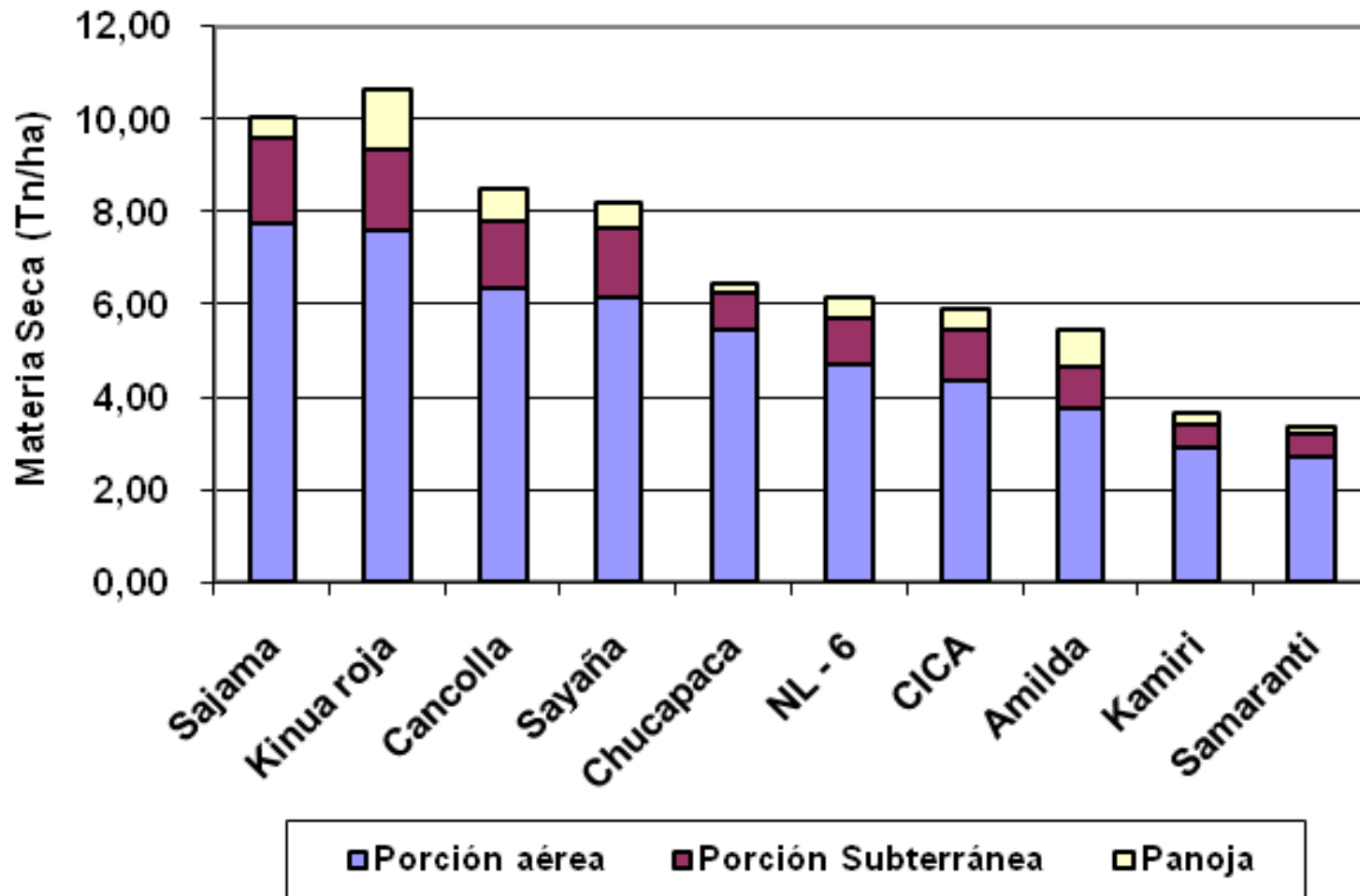
**CICA - Encalilla  
12 06 08**

# Chucapaca and Sayaña have the better yield in grain in Encalilla

Roots: 6.7 %  
Aerial biomass: 34 %  
Seeds: 33 %



# Aerial dry weight (Tn/ha)



Biomass production at 110 days . Potential fodder for cattle, camelids, goats and sheep, , etc.

# Leaf protein, fibers and mineral content (at 110 days)

Variedades	Proteínas (%)		Fibras (%)				Cenizas (%)	
			FAD	FIDN	FAD	FIDN		
	Hojas	Tallos	Hojas	Hojas	Tallos	Tallos	Hojas	Tallos
Amilda	17,9	12,3	10,0	44,0	26,6	59,7	25,4	sd
Chucapaca	21,7	13,3	11,6	21,7	38,2	50,0	27,5	23,7
CICA	17,6	9,5	14,9	22,7	32,6	48,0	sd	sd
Kamiri	13,1	9,2	11,2	63,1	40,4	63,1	27,3	18,7
Kancolla	15,3	11,4	9,0	60,6	45,1	57,4	sd	sd
Kinua Roja	12,7	7,9	15,6	28,6	43,2	52,9	sd	16,8
NL - 6	17,1	7,8	14,7	25,9	32,4	47,1	26,9	23,9
Sajama	13,0	9,6	21,0	40,3	28,6	60,0	sd	sd
Samaranti	14,9	10,2	13,0	37,7	40,4	68,3	33,6	21,9
Sayaña	13,7	7,4	21,2	41,4	39,6	71,4	29,5	sd
Promedio	15,7	9,9	14,2	38,6	36,7	57,2	28,4	21,0

FAD: Fibra Acido Detergente; FND: Fibra Insoluble en Detergente Neutro

Tabla 3: Análisis foliar de cenizas

Variedades	Nitrógeno (%)	Fósforo (%)	K (%)	Ca (%)	Mg (%)	C (%)	C/N
Amilda	4,2	0,2	9,47	2,5	1,1	38,7	9,3
Ayara	4,4	0,2	9,14	2,7	1,3	38,4	8,7
Samaranti	3,9	0,2	9,93	2,5	0,9	38,0	9,7
Sajama	3,9	0,2	9,86	2,6	1,4	37,7	9,8
Robura	4,1	0,3	9,40	2,8	1,0	38,4	9,4
Sayaña	3,9	0,2	9,20	2,7	1,6	39,5	10,1
Ratuqui	4,1	0,3	8,54	2,5	1,3	39,4	9,6
Kamiri	4,5	0,3	8,74	2,6	1,1	39,6	8,7
Kancolla	5,4	0,3	8,54	2,8	1,2	42,0	7,8
Chucapaca	4,6	0,2	8,98	3,0	0,9	40,7	8,9
CICA	4,6	0,3	9,07	2,5	0,9	40,1	8,7
Promedio	4,3	0,3	9,2	2,7	1,2	39,3	9,2

**The relationship biomass production, seed production is a very important aspect related to the use of quinoa (eg. seed production or fodder production)**



**In Calcahquí Valley there is a few green material for fodder**



**So quinoa may be a good supplementary fodder for animals (goat, rabbit, cow and others)**

**It is possible to designed a crop with  
different quinoa varieties  
in order to get grain, fodder or  
vegetables**



# Proteins



# Encalilla (2,000 m asl) (Tucuman – Argentina)

**The total protein content (average) in  
*Chenopodium quinoa* (12.7 %)**

higher than wheat (10.7 %), maize (9.0 %) and  
barley's (11.9 %) (Janssen et al., 1979).

**Soluble proteins content: 10.04%,**



**Table 4.** Two-year mean values of total protein content and protein quality index of quinoa seeds from both growing sites

Cultivar	Total protein (g kg <sup>-1</sup> dry mass)		Protein quality index (%)	
	Encalilla	Bolivia/ Argentina	Encalilla	Bolivia/ Argentina
Amilda	125.0a	114.1a	5.20b	6.57a
Chucapaca	143.4a	116.7b	4.04b	5.57a
CICA	134.6b	154.6a	5.94b	7.24a
Camiri	131.2a	139.8a	5.64b	7.44a
Kancolla	151.7a	144.4a	4.28a	4.78a
Ratuqui	155.3a	103.8b	6.05a	6.94a
Robura	104.3a	96.2a	9.87a	9.36a
Sajama	91.5b	120.0a	6.78b	8.75a
Samaranti	93.4b	122.6a	8.78a	7.50b
Sayaña	138.5a	113.6b	4.26b	10.12a
Mean	126.9a	122.6a	6.08b	7.43a

Values followed by the same letter for each pair of data within a row are not significantly different at  $P < 0.05$  ( $n = 3$  per year).

# Amino acids



# Amino acids in Encalilla (2,000 m asl)

**Table 5.** Two-year mean values of amino acid (AA) composition of quinoa seeds from Encalilla and Bolivia/Argentina

AA (g kg <sup>-1</sup> protein)	Amilda	Chucapaca	CICA	Kamiri	Kancolla	Ratuqui	Robura	Sajama	Samaranti	Sayaña
<i>Encalilla</i>										
Aspartic acid	78.3	67.4	71.4	79.9	72.8	93.6	102.8	51.5	61.0	69.1
Threonine	30.1	25.5	28.9	31.1	30.2	43.1	38.6	20.9	23.8	25.8
Serine	41.6	36.0	38.3	42.1	38.4	59.4	53.1	27.2	31.4	25.8
Glutamic acid	122.1	106.0	119.4	123.7	117.1	179.7	150.6	73.7	90.6	110.3
Glycine	50.8	43.1	44.7	49.9	47.7	71.0	64.3	33.6	40.4	41.7
Alanine	33.4	29.4	33.3	34.0	32.1	49.0	47.0	25.8	32.6	29.1
Valine	29.6	21.9	27.2	29.9	31.9	39.1	37.4	23.3	27.7	24.6
Methionine	13.1	11.0	11.6	12.4	11.8	17.9	15.7	7.3	9.1	10.8
Isoleucine	22.9	16.5	21.9	24.0	25.9	31.0	28.5	18.9	22.1	19.9
Leucine	52.3	43.6	49.3	54.7	52.1	74.6	67.1	37.5	43.0	44.7
Tyrosine	24.9	21.0	22.3	25.1	24.5	34.6	33.3	18.8	21.8	21.1
Phenylalanine	32.4	26.2	29.2	33.1	30.5	45.2	41.8	22.6	26.1	27.2
Lysine	43.0	36.2	39.4	43.3	44.4	62.3	52.2	24.4	29.8	37.3
Histidine	24.7	20.9	23.8	24.7	24.3	36.3	29.2	13.6	17.1	21.5
Arginine	78.2	66.4	68.5	75.4	70.1	98.4	84.2	36.8	45.9	66.5
Proline	31.2	26.0	29.0	35.7	31.4	43.5	40.8	22.1	25.7	26.1
Tryptophan	6.5	5.8	8.0	7.4	6.5	9.4	10.3	6.2	8.2	5.9
Total	715.1a	602.9a	666.2a	726.4a	691.7a	988.1b	896.9b	464.2a	556.3a	616.9a

# Essential amino acids in Encalilla (2,000 m asl)

**Table 6.** Two-year mean values of essential amino acid (EAA) composition of quinoa seeds from Encalilla and Bolivia/Argentina

EAA (g kg <sup>-1</sup> protein)	Amilda	Chucapaca	CICA	Kamiri	Kancolla	Ratuqui	Robura	Sajama	Samaranti	Sayaña
<i>Encalilla</i>										
Leucine	52.3	43.6	49.3	54.7	52.1	74.6	67.1	37.5	43.0	44.7
Lysine	43.0	36.2	39.4	43.3	44.4	62.3	52.2	24.4	29.8	37.3
Methionine	13.1	11.0	11.6	12.4	11.8	17.9	15.7	7.3	9.1	10.8
Phenylalanine	32.4	26.2	29.2	33.1	30.5	45.2	41.8	22.6	26.1	27.2
Threonine	30.1	25.5	28.9	31.1	30.2	43.1	38.6	20.9	23.8	25.8
Isoleucine	22.9	16.6	21.9	24.0	25.9	31.0	28.5	18.9	22.1	19.9
Tyrosine	24.9	21.0	22.3	25.1	24.5	34.6	33.3	18.8	21.8	21.1
Valine	29.6	21.9	27.2	29.9	31.9	39.1	37.4	23.3	27.7	24.6
Tryptophan	6.5	5.8	8.0	7.4	6.5	9.4	10.3	6.2	8.2	5.9
Cysteine	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND
Total	254.8a	207.8a	237.8a	261.0a	257.8a	357.2b	324.9b	179.9a	211.6a	217.3a

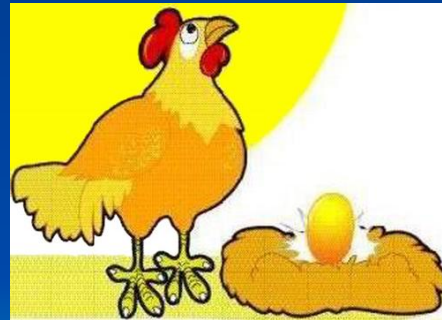
- **Lysine (6.6%) (high proportion)**
- **Methionine (2.4%) (scarce in most cereal proteins,**
  -
- **Tryptophan (1.1 %) is very close to that registered for other cereals (Risi and Galwey, 1984).**



# Protein and Amino acids

Protein content in quinoa is low in relation to eggs protein but

have a very closed amino acid content than in chicken eggs



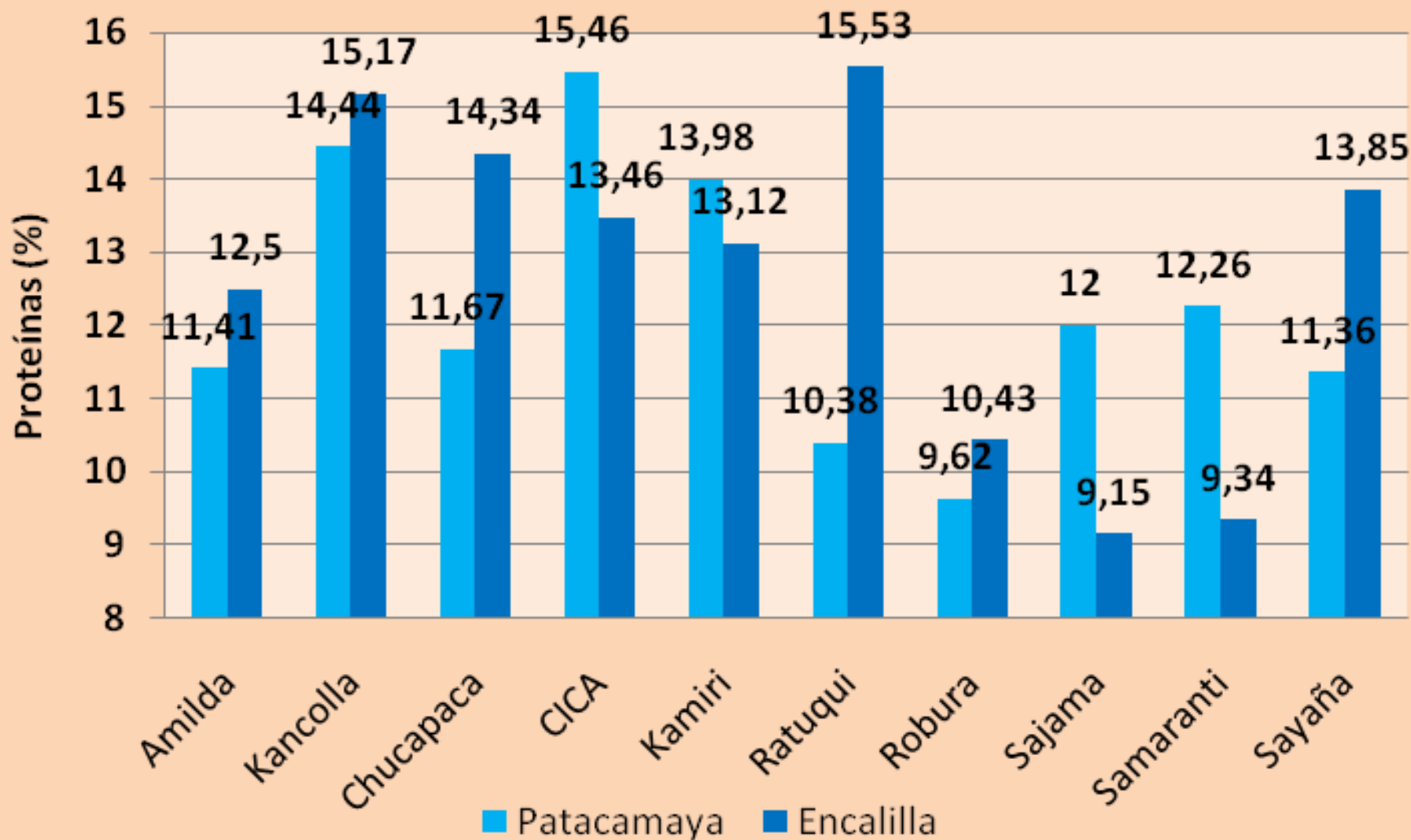
- Quinoa have the necessary content of isoleucine, leucine, phenylalanine, valine, histidine and threonine for school boys requirements.

# Genotype x environment relationship

**In our experience with seeds from Bolivia (3,750 m asl) but cultivated in Tucumán (Argentina) at 2,000 m asl we detected a significative change in protein and amino acids content**



# Protein (%) at two sites (3,750 and 1,995 m asl)



**In general,  
In low altitudes we get a  
better protein percentage**



**In general, total amino acid contents are higher at 3,750 m asl in relation to those at 2,000 m asl (with exception of Ratuqui and Robura varieties)**



# Lisine and threonin amino acids

Presence of lisine and threonin are very important because they have a very low content in other grains (according to the standard of FAO)



## Quality Index of protein (QI)

QI= Tryptophan/total protein

**QI Patacamaya: 4,74 to 10,12 %**

**QI Encalilla: 4,04 to 9,87 %**

*QI for quinoa seeds from the two sites (2,000 and 3,750 m asl) was significantly higher than reported for common cereals*



# Mineral contents (seed)



# Mineral content

- We have an analysis of quinoa seeds (10 varieties) where 56 chemical elements were analyzed: among others the following: Al, Fe, Mg, Ca, Na, K, P, Li, Mn, Co, Ni, Cu, Zn,
- We found a good correlation between mineral and protein content



Tabla 1: Contenido de cenizas y minerales principales en 10 var. de quinoa cultivas en Encalilla (Tucumán)

	Amilda	Chucapaca	CICA	Kancolla	Kamiri	Ratuqui	Sayaña	Robura	Sajama	Samaranti	promedio
Cenizas (%)	2,9	3,0	3,7	3,5	2,6	2,7	2,6	2,6	2,5	2,8	2,9
Al (mg/kg PS)	126,4	148,5	148,9	153,8	79,6	45,2	54,3	57,5	52,0	87,7	95,4
Ca (mg/kg PS)	570,2	500,0	907,5	733,9	623,2	526,7	531,9	696,4	823,3	1166,0	707,9
Cu (mg/kg PS)	11,2	10,2	9,4	11,2	7,9	7,9	7,6	6,3	4,8	6,1	8,3
Fe (mg/kg PS)	89,7	95,3	98,4	104,6	81,3	74,2	74,7	61,9	47,6	61,5	78,9
K (mg/kg PS)	9605,3	9952,3	12595,4	11525,8	8618,3	9321,5	8870,4	9523,1	8932,7	9021,3	9796,6
Mg (mg/kg PS)	1229,8	1461,3	1514,4	2459,6	1394,5	1549,2	1394,9	1018,8	855,0	968,4	1384,6
Mn (mg/kg PS)	16,9	24,2	38,5	42,2	18,5	20,1	20,5	19,9	24,6	31,3	25,7
Na (mg/kg PS)	37,8	35,4	73,3	77,7	21,6	18,8	20,5	20,5	19,1	26,5	35,1
P (mg/kg PS)	2623,2	3133,0	3309,5	4529,7	2725,8	3270,6	2772,6	1758,5	1237,2	1341,5	2670,2
Zn (mg/kg PS)	38,5	37,2	42,2	48,8	34,4	31,0	26,8	23,6	21,2	20,6	32,5

- Iron and calcium levels were higher than the reported values for maize and barley.
- The same occurred for the caloric value (435.5 Kca1/100g).



# Espatial distribution of minerals (X rays)

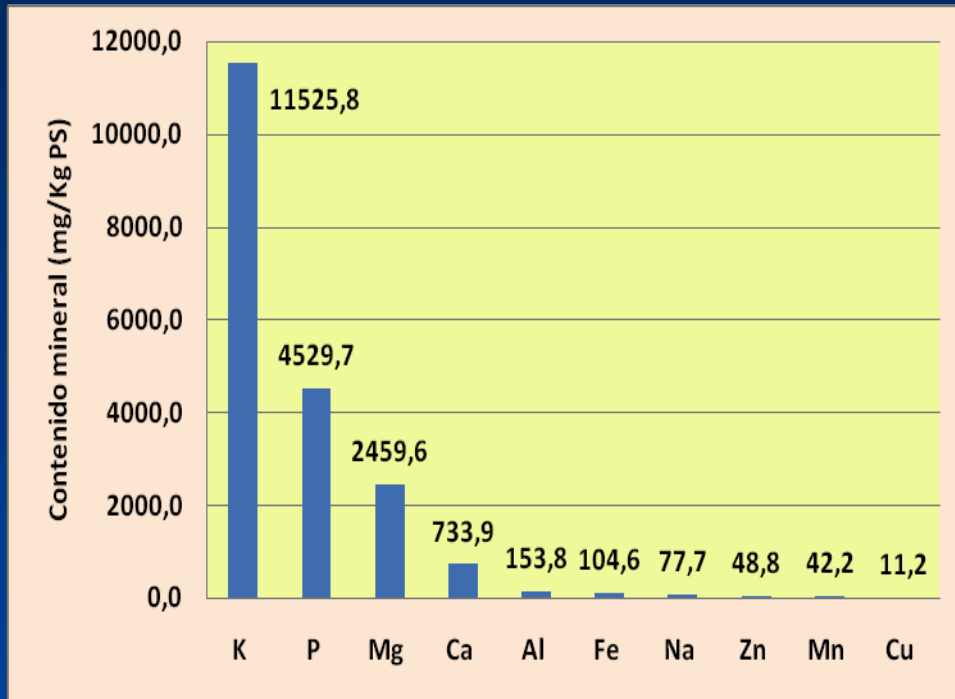
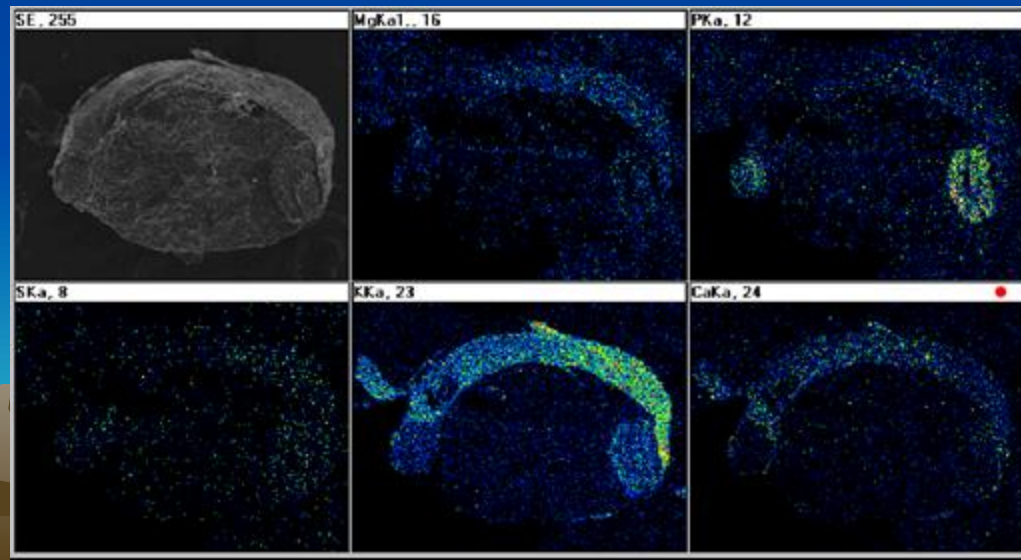
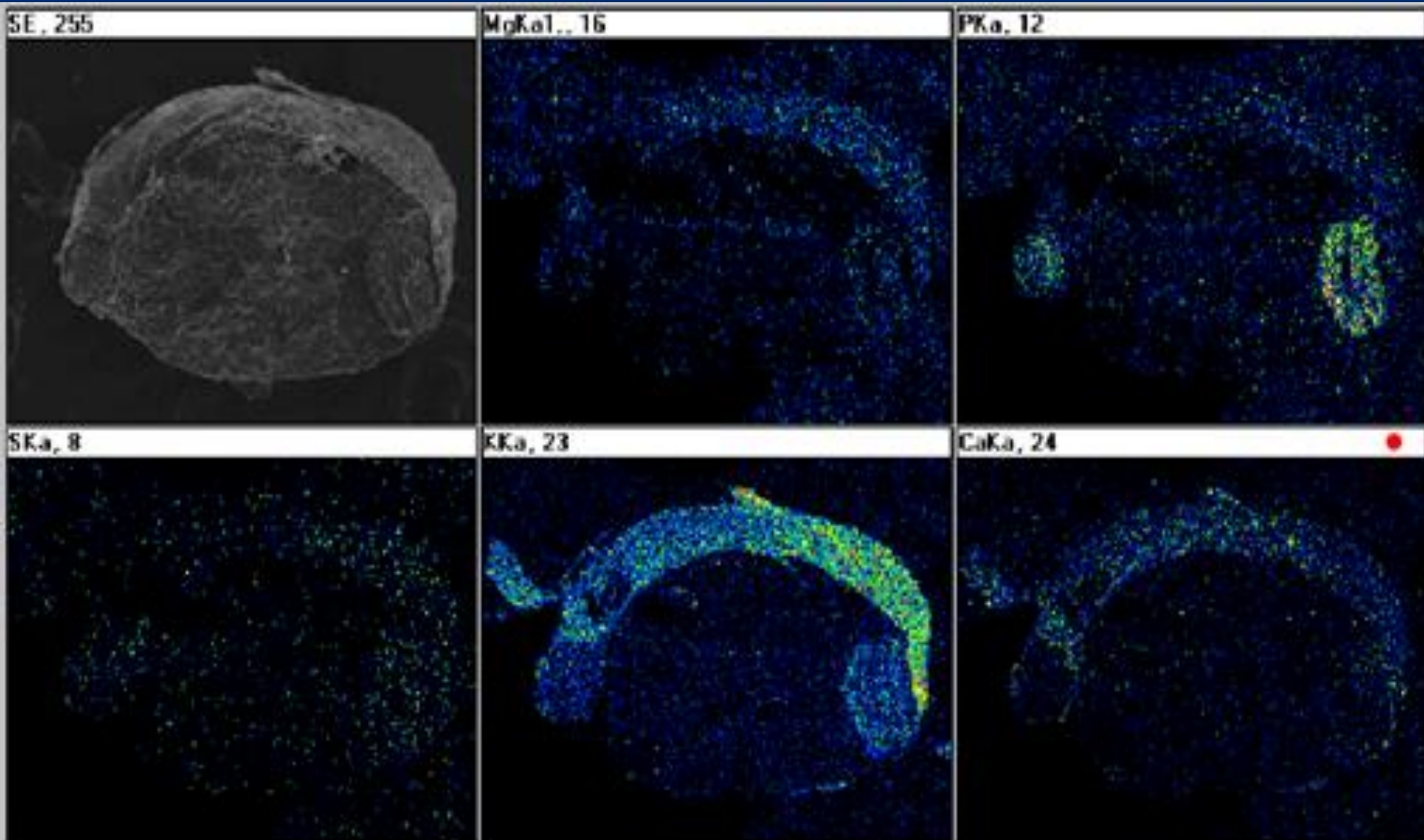


Fig. 2. Contenido mineral de “quinoa” Var. Kancolla.



# ¿Tissue culture of quinoa as an especial aliment ?



- In **medium and high mountain** near 20 % of the population is below the poverty line

**According to our results**

**protein, amino acids and mineral  
content**

**may be a good complementary food  
in Argentinean mountain area**



# Antinutritional compounds


Saponins (0,21 %)

Tannins (1,70 %)

First report in quinoa in 1989 by our group



## • Saponins

- The content of saponins was 0.21 %.
  - An important effect on disruption of the red blood cells caused by those glycosides was detected on groups **A** and **0**.
  - Tanins have been found in other species like sorghum (Price and Butler, 1977), but this was the first report of tannins in grains of quinoa.
- 

# “Saponin bodies”

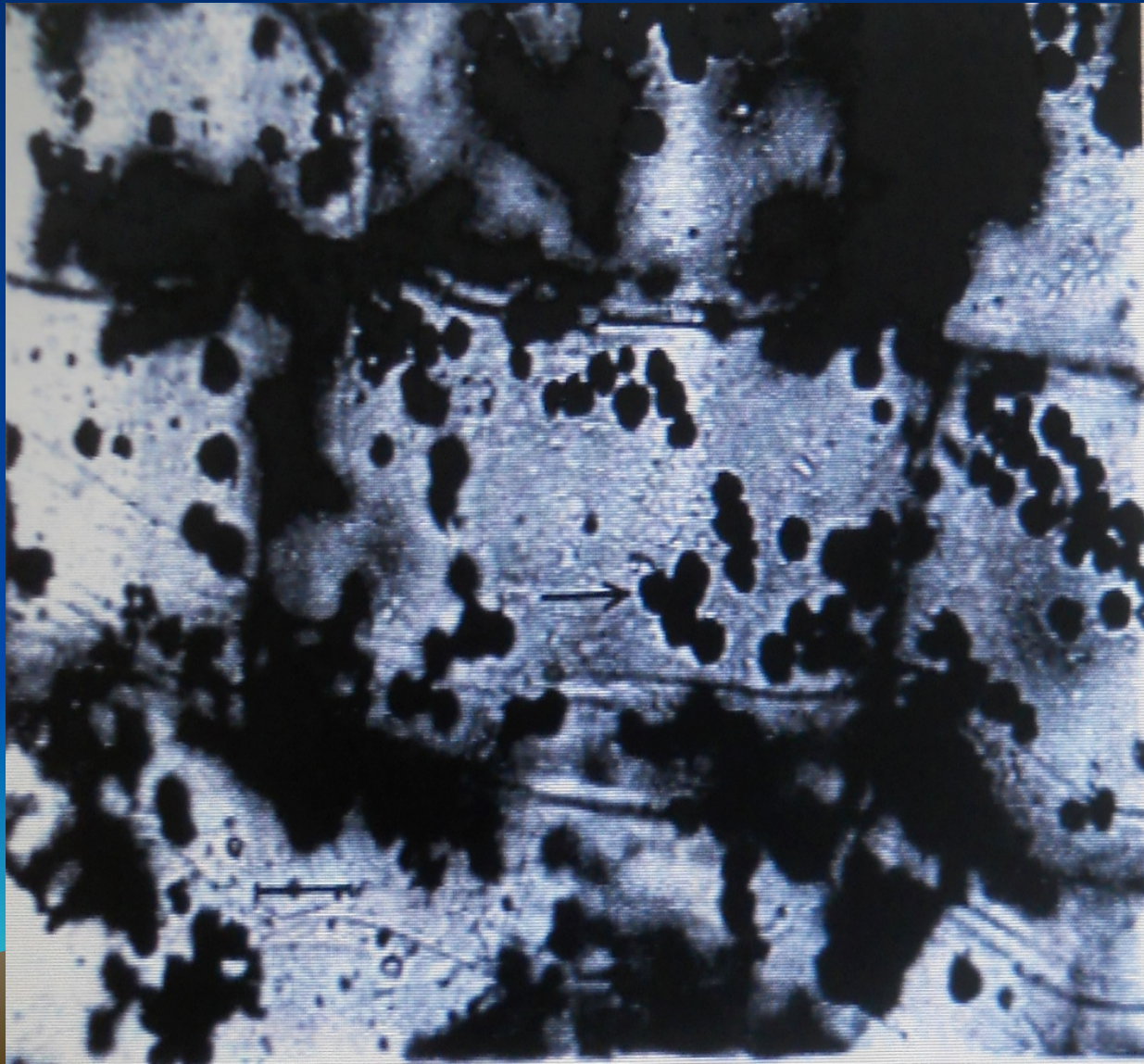
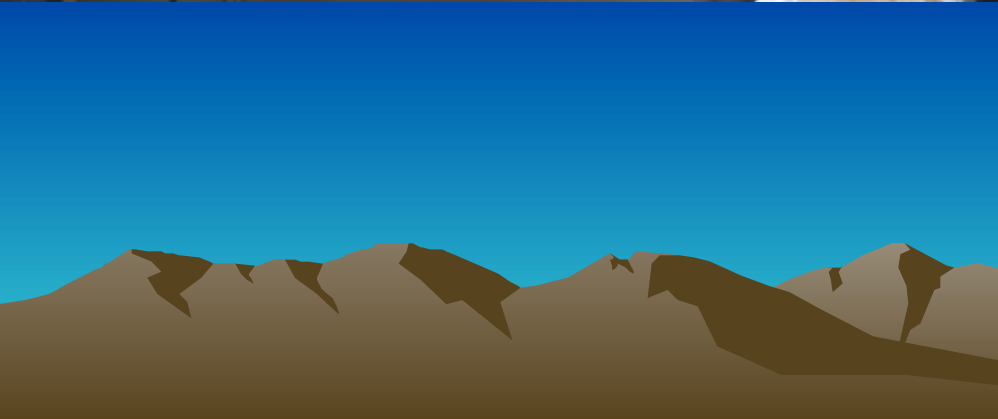


FIGURE 1. Light microscopy of quinoa pericarp cells. The arrow indicates the presence of saponin bodies after Johansen's treatment (X 100). Scale bar = 19  $\mu\text{m}$ .

# Dry method to remove saponin bodies from quinoa seed (Cochabamba - Bolivia)



**Saponin and tanins may be an  
opportunity....**

**The use of saponin and tannins may be a  
good industrial development with  
medical and pharmaceutical  
application....**



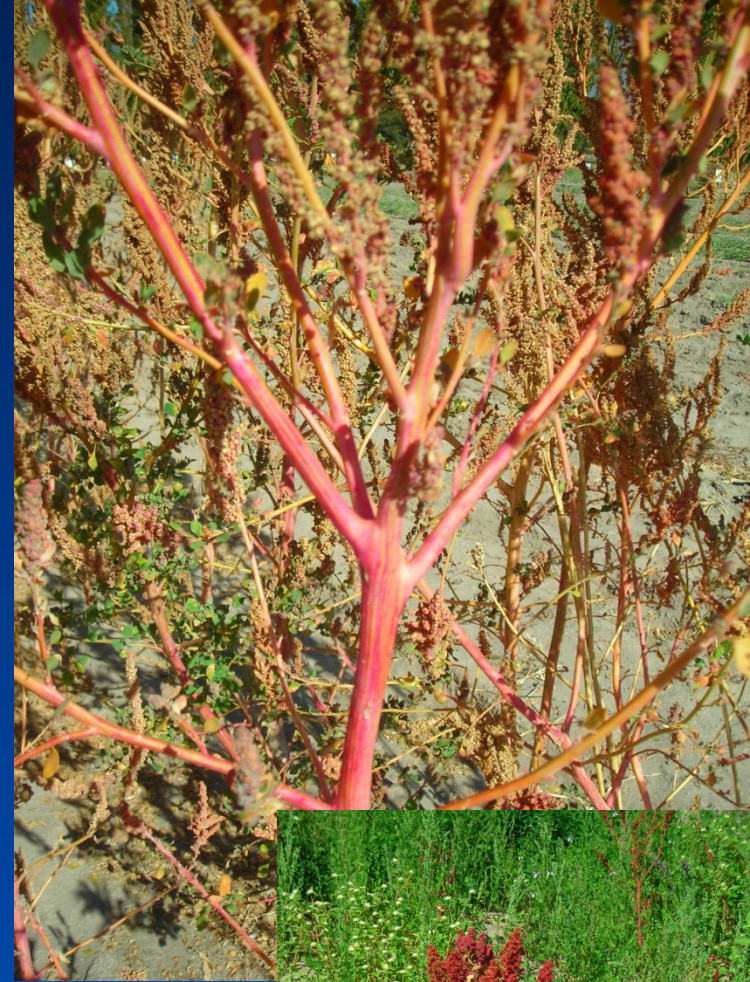
# Quinoa as a fountain of dye (colours)



- Chlorophyll
- Flavonoids (antioxidants)
- Red pigments (betalains)



Chucapaca  
Red quinoa



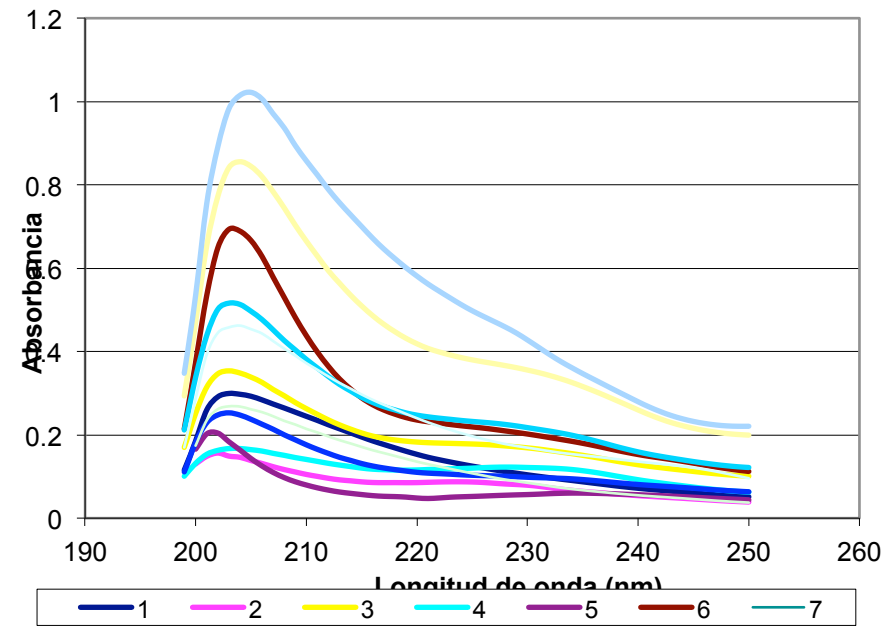
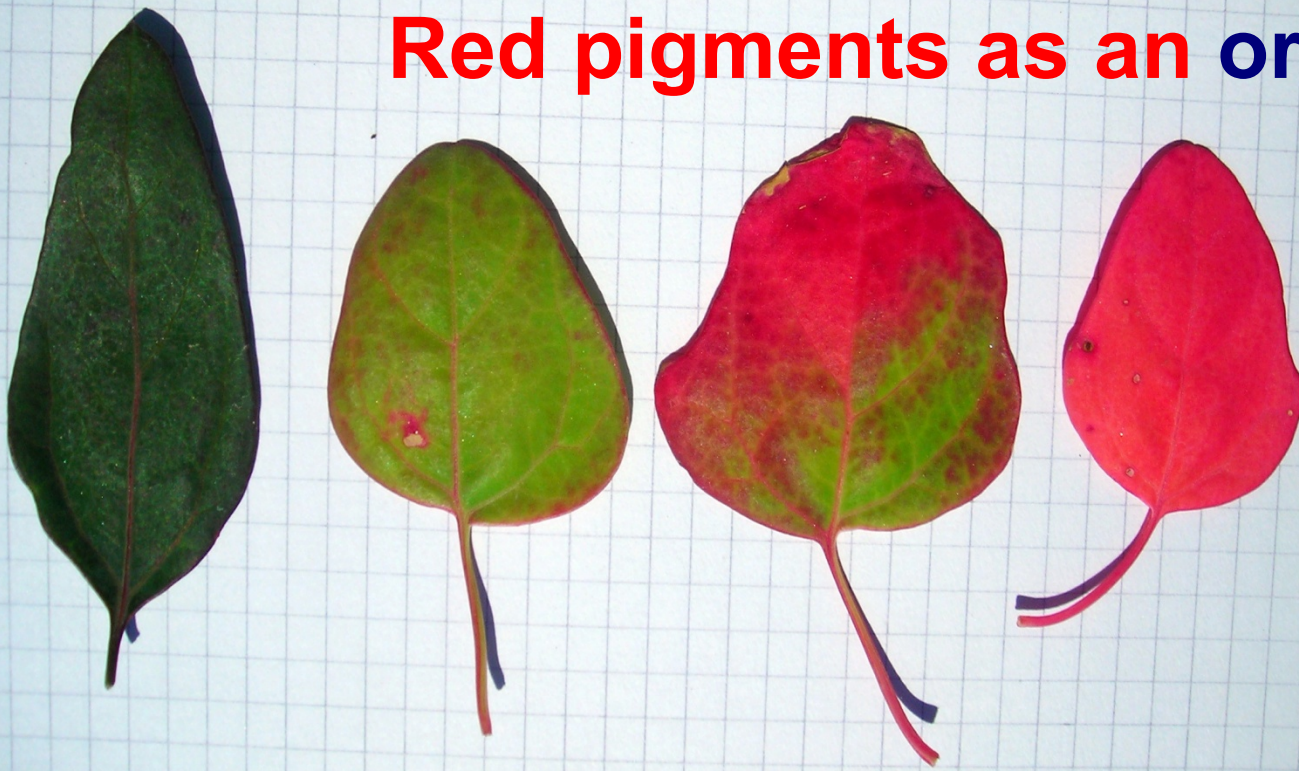
## NL – 6 varieties




**There are another varieties with different colours and pigments.**

**Pigments are important in medicine and pharmacia**

# Red pigments as an organic dye



# Betalains

- Red pigments may be used as an organic dye in yoghurt, cheese and in pharmaceutical industries.
  - Our investigation found betalains in quinoa (first report) and the enzymes involved in their synthesis (this enzymes was known in fungi)
- 

Photochemistry and Photobiology, 2004, 79(2): 205–210

## Epidermal Lignin Deposition in Quinoa Cotyledons in Response to UV-B Radiation<sup>1</sup>

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# Anatomical features and lignin deposition

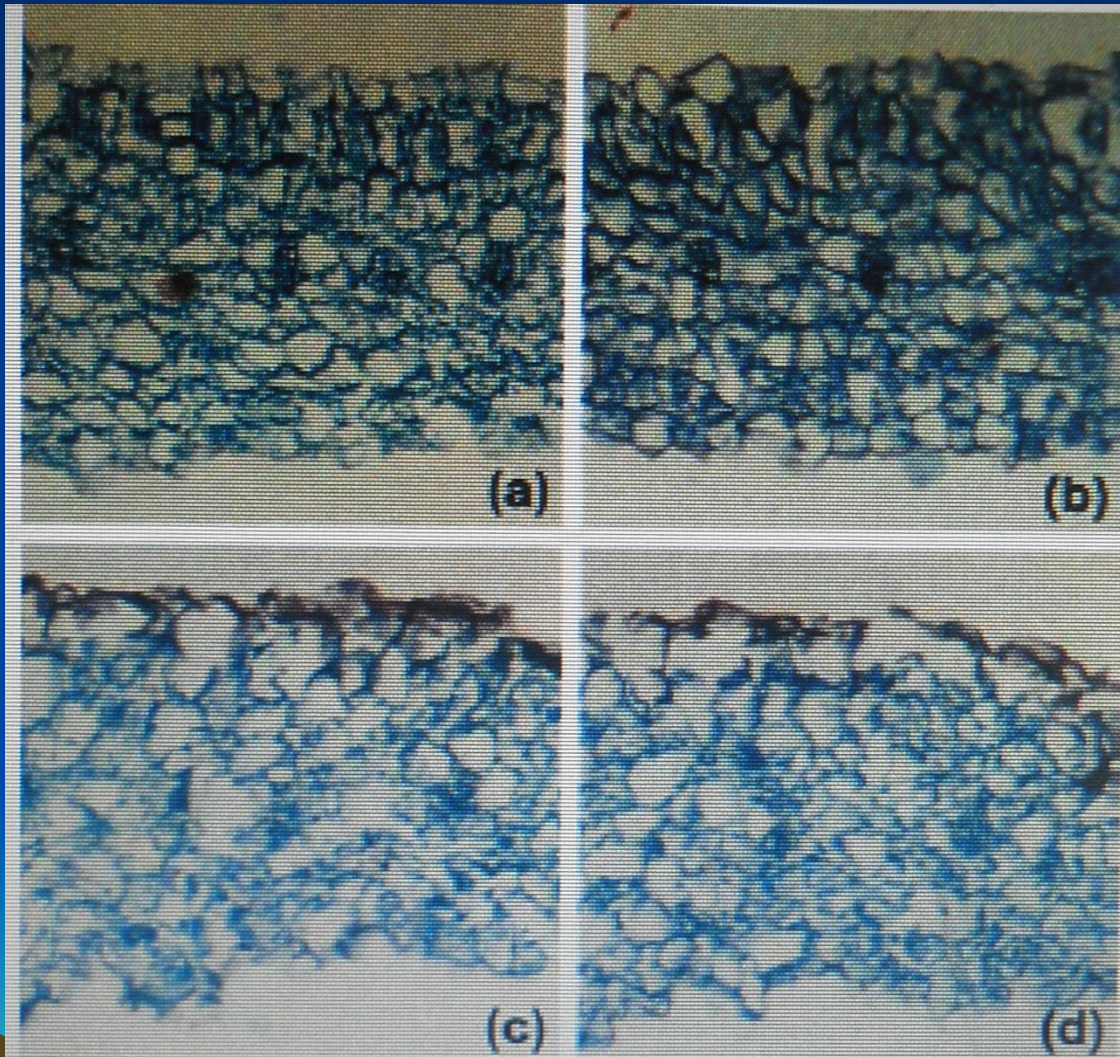
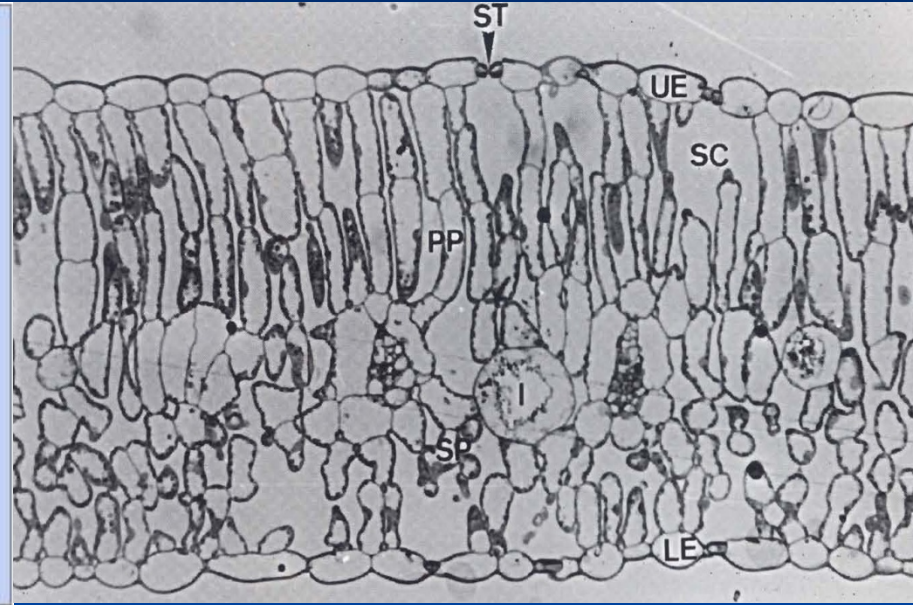
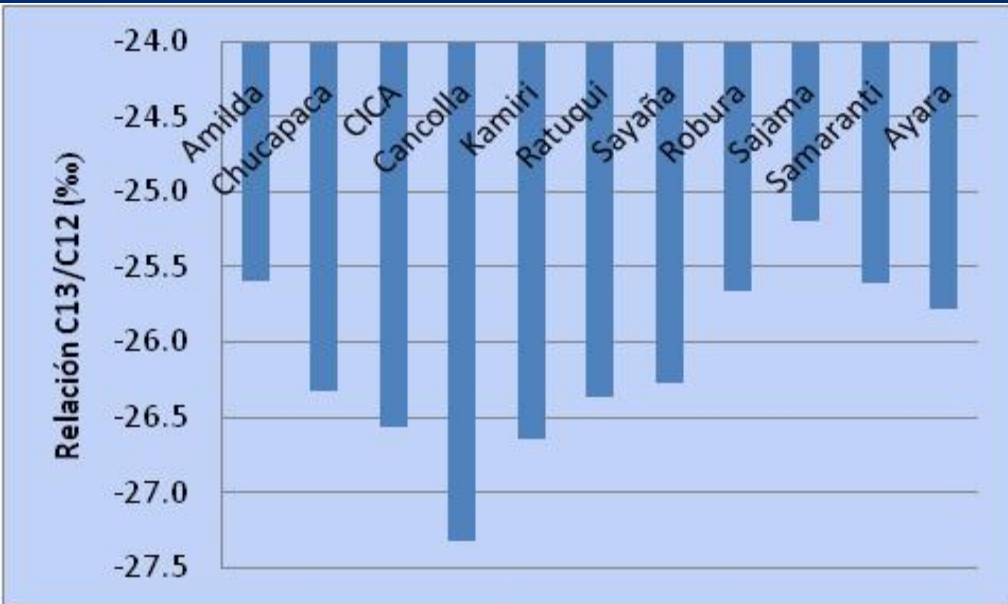


Figure 1. Light photomicrographs of cross sections from quinoa cotyledons with or without UV-B treatment. a: Zero dose (control). b: One dose. c: Two doses. d: Three doses. (200 $\times$ ).

# Biological results



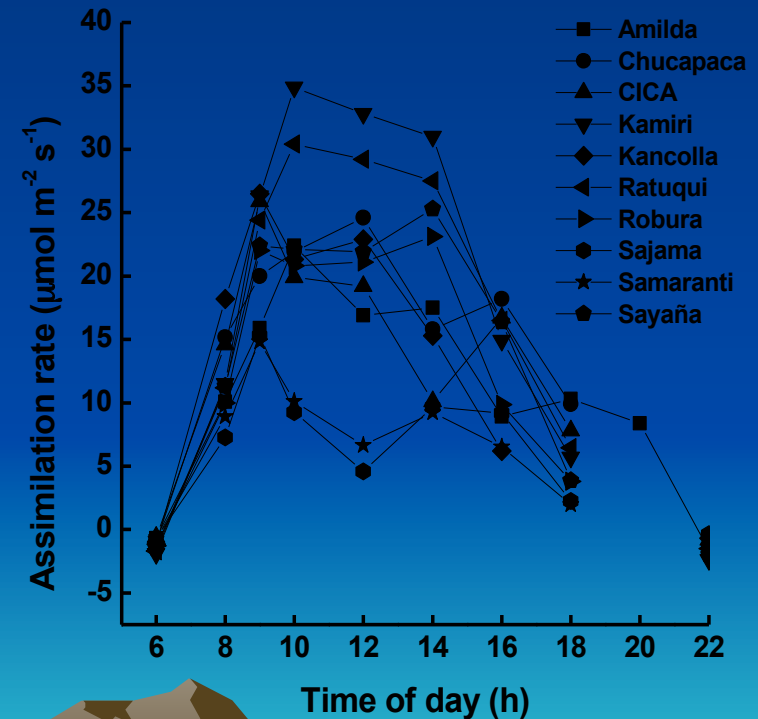
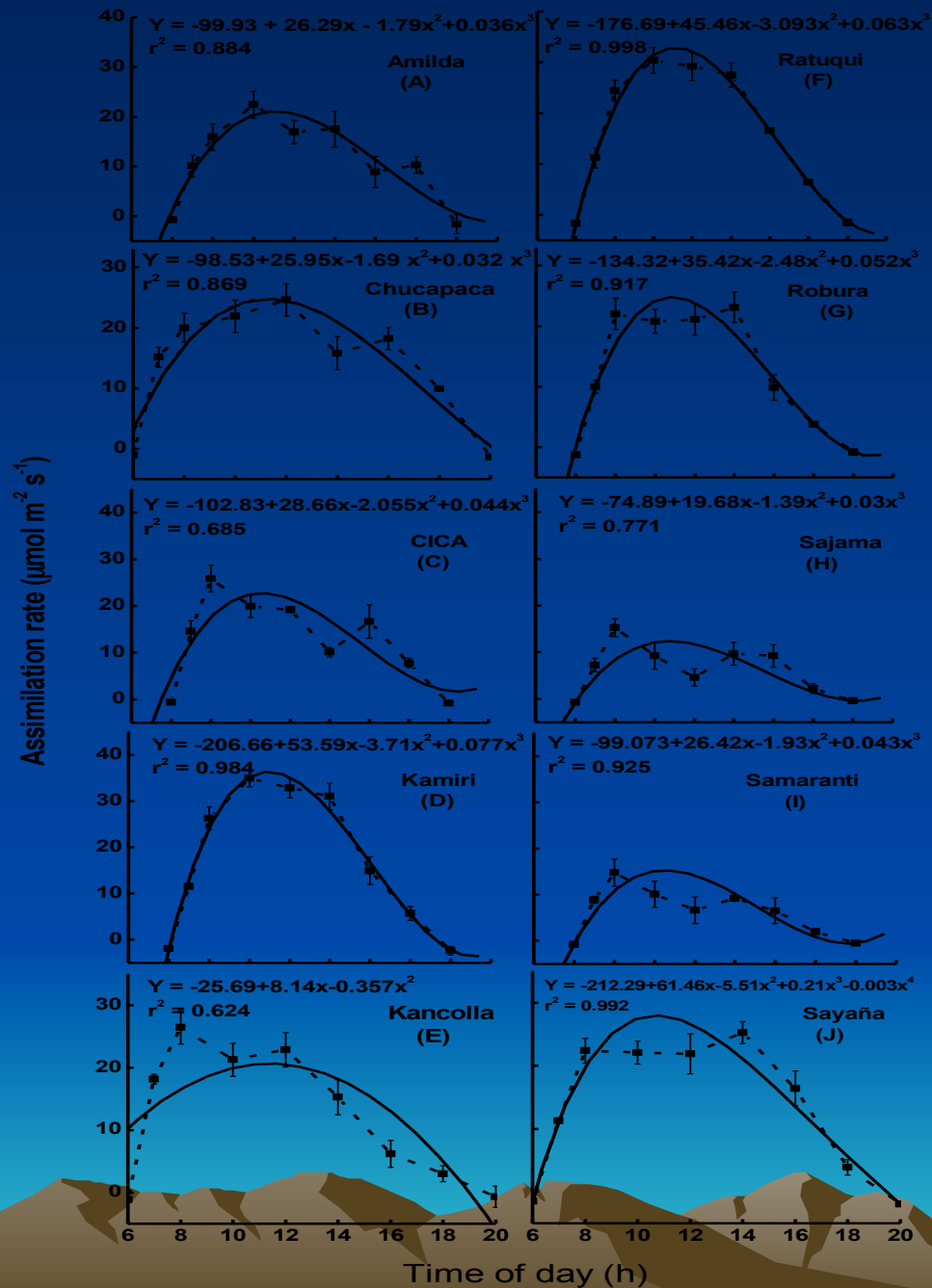
# Photosynthetic pathway



According to C isotope discrimination and anatomical data quinoa is a C3 specie...

**C13/C12 low (mean: -27 ‰)**  
**C13/C12 high (mean: -13 ‰. Between -9 -to -16 ‰)**

# Assimilation rate



- **Assimilation rate were different depending on the varities**



# Maximal assimilation



# Community participation



# High school pupils in sowing quinoa

**Very important aspect in  
the reintroduction of any  
ancient crops**



# Seed recollection



- **Quinoa in the near future**



- We hope to understand the interaction between low germination in field in relation to environmental factors (reduction of seed numbers in sowing step)
- Biochemical studies in relation to red pigments.
- Achieve a varieties with short life cycle (actually 150 – 160 days against 90 – 100 for an varieties from Holland).

