





**Ecological Weed Management** Researchbased Practical Guidance for the Western Region

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The Organic Farmer's Dilemma: How to Control Weeds and Protect Soil Health

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<u>Non-use of synthetic herbicides:</u>Protects soil life and water quality.

Allows flexibility in crop rotation.







#### The Organic Farmer's Dilemma: How to Control Weeds and Protect Soil Health





ORGANIC FARMING RESEARCH FOUNDATION Non-use of synthetic herbicides:

- Protects soil life and water quality.
- Allows flexibility in crop rotation.

#### Greater dependence on cultivation can:

- Stimulate weed seed germination.
- Consume soil organic matter.
- Hurt soil life.
- Increase soil crusting and erosion.

## Western Weed Research Priorities





- Managing invasive weeds
- Crop rotations to decrease annual weed pressure
- Effects of tillage regimes, and plant and animal rotations on soil health and weeds
- Managing weeds through grazing and croplivestock integration
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- Cost-effective organic weed control methods
  and products
- Optical weeding technology







5



# Cropland Weeds are Pioneer Plants that:

- Adapt to disturbance.
- Germinate quickly.
- Grow and develop rapidly.
- Accumulate and respond to abundant nutrients.
- Reproduce prolifically.



Common ragweed and jimsonweed in tomato



Spotted knapweed







# Weeds are Nature's Cover Crop

#### NRCS Soil Health Principles



Keep soil covered

Diversify crops



Maintain living roots





Minimize disturbance

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**Diversify crops** 



#### Minimize disturbance

# **Benefits**

Weeds restore cover and living roots, protect and restore soil after tillage, and absorb excess nutrients.

#### Drawbacks

Invasive, exotic weeds displace native plants, consume soil moisture, and disrupt indigenous soil biota, thus reducing biodiversity.

excess nutrients.

**Benefits** Weeds restore cover and living roots, protect and restore soil after tillage, and absorb



#### The "Many Little Hammers" of Organic Weed Management

"Achieving the two-fold goal of weed management and soil conservation requires an ecological approach to weed management that combines multiple weed control tactics with knowledge of the ecology of crop-weed competition and an understanding of the economic threshold for control." (Menalled et al., 2012. Montana Extension)



The cabbage crop is way ahead of the small weeds. Skip hoeing to save the soil and reduce labor costs.



# Strategy 1 – Get to Know the Weeds

- · Life cycle, season
- · Growth needs
- Germination cues
- · Weak points





Broadleaf seedlings (left) are susceptible to flame; grass seedlings (right) less so.



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Common purslane succumbs to shade from tall crops.







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## Strategy 1 – Get to Know the Weeds

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When perennial weeds regrow after tillage, hit them at the 3 – 4 leaf stage to deplete underground reserves.

#### Strategy 2 – Pre-empt the Weeds



Cover crops do the weeds' work.



Strip tillage leaves alleys in rye cover, maintained by mowing.





Intercrop occupies the whole space.



Relay interplanted clover is ready to cover the soil after vegetable harvest.

# **Cover Cropping for Effective Weed Control**

- Aim for rapid early growth and canopy closure.
- Include at least one such cover crop in mixes.
- Combine complementary growth habits.
- Use best seeding rate, method, and planting date for your region.
- Provide fertility or water as needed.



Buckwheat, 14 DAP



Rye, vetch, and peas

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## Strategy 3 – Keep the Weeds Guessing

- Rotate and diversify crops:
  - Cool and warm season
  - Deep- and shallow-rooted
  - o Different growth habits
  - o Heavy and light feeders
  - o Perennial and annual
- Vary timing of tillage, planting, and harvest.
- Vary method and depth of tillage.
- Vary weed control tactics.



Perennial "sod break" in intensive annual crop rotation reduces weed seed banks and restores soil health.

# **Crop Rotation**

"Crop rotation is at the core of organic weed management. Establishing crops with different phenologies and morphologies creates unstable environments that discourage weed establishment. It is critical to vary crop growth periods (e.g., winter vs. spring crops; early vs. late spring planting) to keep weed communities off balance."

(Menalled, F., C. Jones, D. Buschena, and P. Miller. 2012. From Conventional to Organic Cropping: What to Expect During the Transition Years. Montana State U Extension, MontGuide)









## Healthy Soil Favors Crops over Weeds

- Poor soil structure or slow drainage can favor certain weeds.
- Good soil structure can reduce many of these weeds.
- Healthy, biologically active soil grows vigorous, competitive crops.



Yellow nutsedge came up in wet, compacted field edge.



Pigweed emerged in footprints where soil was compacted.



# Strategy 5 – Feed the Crop, not the Weeds







In-row drip irrigation and fertigation (A, B) delivers moisture and nutrients to crops, leaving between-row weeds dry and unfed. Composting organic materials at 140°F kills weed seed. Use nutrient-rich compost in moderation, band near crop row to avoid feeding weeds.



## Managing Nutrients to Favor Crops

- Avoid over-application of N, P, and K, including organic forms.
- Encourage mycorrhizal fungi.
- For strong N fixers, maintain low soluble soil N levels with higher C:N cover crops or amendments.





# Strategy 6 – Cultivate Effectively

- Cultivate shallowly (<1 in) when weeds are small.
- Select tools to remove between- and within-row weeds, considering:
  - Crop stage of growth
  - $\circ\,$  Weed species and size
  - $\circ$  Soil conditions
- Use high residue cultivators in minimum till systems.





Finger weeders, UCCE Sonoma County, CA

#### Strategy 7 – Use Alternatives to Cultivation when Practical



See video demos at: http://articles.extension.org/pages/61 887/weed-management-topics



- Mowing between crop rows
- Flame weeding
- Directed hot water or steam
- Mulch
- Solarization (clear plastic)
- Occultation (opaque tarp)
- NOP allowed herbicides
- · Livestock grazing after harvest

## Challenge#1: the Weed Seed Bank



Early season cultivation ...



can fail to give season-long weed control ...



if last year's weeds were allowed to make a big "bank deposit!"

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# Strategy 8 – Bait the Weeds with Stale Seedbed



Prepare seedbed as if to plant (left). Let weeds emerge (center), then till shallowly or flame. A similar strategy can be used to reduce weed populations before seeding a cover crop. The rototiller (right) has been set to work one inch deep, to remove sprouting weeds and incorporate cover crop seed in one pass.

# Strategy 9 – Let the Cleanup Crew do its Job



- Leaving frost-killed cover crop residues on on the surface over winter maintains habitat for ground beetles and other weed seed consumers.
- Delaying tillage improves soil health and can increase yield of the next crop.

#### Strategy 10 – Turn Weeds into Organic Meat, Dairy, and Eggs

Graze livestock and poultry on:

- Crop residues and late season weeds after harvest.
- Cover crops.
- Perennial sod phase of a crop rotation.





Rotationally grazed dairy (top) and beef cattle (bottom)



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Management intensive rotational grazing:

- Reduces pasture weeds.
- Improves soil health and forage quality.





Rotationally grazed dairy (top) and beef cattle (bottom)





#### Weed Management Challenges in Organic Grain Rotations in the Northern Great Plains

- Weeds consume precious soil moisture.
- Invasive perennial weeds are especially hard to control.
- Moisture use by cover crops can hurt grain yields.
- Thin, low-organic soils are easily degraded by cultivation.
- Organic reduced-till is more difficult than in wetter regions



Lentil, sunflower, and wheat growing on 13" rain/yr at Bob Quinn's organic farm in Big Sandy, MT.

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Organic Weed Management Strategies for Northern Great Plains

- Crop rotation and competitive crops
- Nutrient management
- Flame weeding
- Cover crops, mulches
- Manage weed seed bank
- IWM for perennial weeds
- Perennial forages in rotation:
  - Severely deplete soil moisture.



Perennial forages build soil, but can consume too much moisture.

- Can deplete nutrients (if forage is removed).
- Allow severe weed infestation when sod is broken.

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# Creep Stop: A 2018 OREI Award

- Integrated organic weed management for creeping perennial weeds in Northern Great Plains and Pacific Northwest, testing combinations of:
  - Grazing
  - Rust fungus (against thistle) and bindweed gall mite
  - Changes in crop rotation
  - Mowing and tillage
- Four-year trials on 10 working farms, three experimental stations, and one student farm in WA, MT, and ND
- · Grains, forages, and horticultural crops (two sites)

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#### Biocontrol and IPM for Field Bindweed in Perennial Horticultural Crops

- · Field bindweed moth
  - "Voracious and specific"
  - Developing natural attractants
- Bindweed gall mite
- Farmer-participatory trials of IPM strategies
  - Steam outperformed brush weeder in field trials
- Project website: <u>https://eorganic.info/bindweed</u>



*Tyta luctuosa*, the field bindweed moth, shows promise as a biocontrol agent.

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# Organic IPM for Canada Thistle

Colorado project on rust fungus as biocontrol for Canada thistle:

- Develop inoculation methods.
- Evaluate efficacy and interaction with farm management practices.
- Train producers.
- Disseminate methodology.
- Provide farmers with inoculum.



Canada thistle *Cirsium arvense*, heavily infected with the rust fungus *Puccinia punctiliformis*.

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#### Tackling Canada Thistle: Hints from Outside the Western Region



Sorghum-sudangrass (left) may help organic farmers fight Canada thistle (right).

- Canada thistle is suppressed by sorghum-sudangrass.
- Mowing thistle when tall but not yet flowering sets it back.
- Cutting sorghum-sudangrass at ~3 – 5' height stimulates top and root growth
- The cover crop gains the upper hand during regrowth.

#### Crop-livestock Integration for Organic Management of Perennial Weeds

Grazing poultry on cover crop:

- Prevented weed seed production.
- Doubled cover crop biomass.
- Increased vegetable yields.





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Grazing sheep on cover crop in 5-year grain rotation:

- Sharply increased weed levels.
- Shifted weed flora.
- · Compacted soil in wet year.
- Reduced wheat and lentil yields.





## Suggested Improvements to the Rotation and Crop-livestock System

- Redesigning the crop rotation:
  - Higher diversity, intercrops
  - More competition against weeds
  - Less compaction during the grazing phase
- · Blade plow to terminate covers
- Evaluate benefits and costs of grazing.



Intercrop of kamut (Khorasan wheat) and flax, at Vilicus Farms in Havre, MT. Photo by Doug Crabtree.



#### Orchards and Vineyards: Managing Weeds during Tree/Vine Establishment

- Orchard floor soil health is far better under living cover than when kept bare.
- Newly-planted blueberry and bramble crops had best weed control and crop establishment with weed mat.
- Zipper arrangement of weed mat (right) facilitates fertility inputs.
- Living mulch works well for established crops.
- Orchards in UT had best soil health and tree growth with birdsfoot trefoil in alleys.



This farmer innovation suppresses weeds during establishment of fruit crops and allows access for soil amendments.





